



Ask someone who's not drinking to drive everyone home safely.

If there's a party nobody wants to miss out on, maybe your community can get a bus to take everyone home. Remember if you drink and drive you could hurt or even kill yourself or someone else. That could turn a good night into a sorry night.

So don't turn a fun day into a shame day – Think ahead. Drink and Don't Drive.



Work as a community to get home safely.

Driving home safe and proud

Indigenous people drink less than non-Indigenous people.* We can be proud of that. We've also established the only 'alcohol-free' communities in Australia – we can be proud of that too.

We can also be proud of ourselves when we have a few drinks but don't drive home.

So remember to think ahead if you're going out. If you're planning on drinking make sure you organise with someone who's not drinking to get a lift home. Help each other out. Take it in turns not drinking and you can help to bring the mob home safely.

Put money aside to get home safely.



'If you drink and drive you could hurt or even kill yourself or someone else.'

*Source: ABS Report on The Health and Welfare of Australia's Aboriginal and Torres Strait Islander Peoples 2001

Drink and Don't Drive

You can bring the mob home safely by:

- ✓ Being a safe driver.
- ✓ Caring about your passengers.
- ✓ Looking out for older people and young ones on the road and slowing down.
- ✓ Being someone people feel safe in the car with.
- ✓ Never drinking and driving.
- ✓ Thinking ahead about how you can get home safely.
- ✓ Never driving when you're sleepy.
- ✓ Thinking ahead and planning to take rests on your trip.
- ✓ Making sure there are only as many people in the car as there are seat-belts.
- ✓ Having the right baby seat for your kids and making sure everyone puts on their seat-belt.



Bring the mob home safely

